

PITCHING ELIGIBILITY TABLE

	1-20 Pitches ↓	21-35 Pitches ↓	36-50 Pitches ↓	51-65 Pitches ↓	66 or more Pitches ↓
Days Rest	0	1	2	3	4
Pitches Thrown On ↓	Eligible Again On ↓	Eligible Again On ↓	Eligible Again On ↓	Eligible Again On ↓	Eligible Again On ↓
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Thursday	Friday	Saturday	Sunday	Monday	Tuesday
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday

7 & 8 year olds can throw a maximum of 50 pitches in a game.

9 & 10 year olds can throw a maximum of 75 pitches in a game.

11 & 12 year olds can throw a maximum of 85 pitches in a game.

IMPORTANT!!! - A pitcher who starts a new batter before reaching a threshold limit (20, 35, 50, 65 or 75 [9 & 10 YO], 85 [11 & 12 YO]) is allowed to continue to pitch to that batter until the batter is out or reaches base without exceeding the lower threshold limit. A single pitch to another batter would place the pitcher in the next higher threshold.

IMPORTANT!!! - NOTE: Under no circumstance shall a player pitch in three (3) consecutive days. This means that a pitcher that has pitched 20 or less pitches 2 days in a row (no days rest required) cannot pitch on the third consecutive day.